

Press release 8/8/19

Survivors of Depression in Transition are very pleased to announce that we have been successful in securing funding from the Lottery community fund and South Yorkshire Community Foundation to support our community co production programme for Sheffield. This will be a number of educational workshops and events over the next 12 months, with a final celebration on co production week which is run by SCIE nationally (Social Care Institute for Excellence) in 2020.

As a small user, volunteer led organisation our aim for this programme will be to engage with the Sheffield community to give them the understanding and skills of what real working together can achieve for better health & well-being across our region.

The major theme of this programme will be communities being able to come together to learn about the need to work with those statutory organisations that provide mental health & wider health services. To develop skills, generate a stronger voice, influence the health system and to have more agency over their own care and support.

#### Notes

Survivors of Depression in Transition is a local user led women's mental health charity who use genuine peer support, one to one integrative therapy, therapeutic holding service and general information, education and awareness around a range of mental health issues. More on co production can be found at SCIE <https://www.scie.org.uk/co-production/week/> and <https://www.rcpsych.ac.uk/improving-care/nccmh/other-work/coproduction>

[www.sodit.org](http://www.sodit.org) more information you can contact Jill at [jill@sodit.org](mailto:jill@sodit.org) or steph on [stephanie@sodit.org](mailto:stephanie@sodit.org) 0114 2421700