

Evening group-Starting soon !

Women's mental health survivor led peer support
group— great coffee & Yorkshire Tea provided!



Day—Wednesday **Time**—6 pm to 7 pm **Location**- Unit 4, SYAC, 110-120 Wicker , S3 8JD

More info – call 0114 2795970 or email info@sodit.org

[Survivors of Depression in Transition \(sodit.org\)](http://Survivors of Depression in Transition (sodit.org))